



परमाणु ऊर्जा शिक्षण संस्था
Atomic Energy Education Society
अभ्यास पत्र/ Practice paper (2025-26)

कक्षा /Class: 7 विषय /Subject: ENGLISH अंक/Marks: 80

ANSWER - KEY

SECTION A – READING

1.

- i. Air pollutant is defined as a substance which is present in an amount exceeding the normal concentrations. It could either be gaseous or a particulate substance.
- ii. The important and harmful polluting gases are carbon monoxide, carbon dioxide, ozone and oxides of sulphur and nitrogen.
- iii. It is characterized by a general feeling of uneasiness, head-ache, dizziness and irritation of mucous membranes. It may also be accompanied by nausea, itching, aches, pains and depression.
- iv. Concern.
- v. A variety of construction material, insulations, furnishings, adhesives, cosmetics, house dust, fungi and other indoor products also smoking of tobacco in the closed environment are some important sources of indoor pollution.
- vi. Harmful / hazardous.
- vii. Air consists of about 79 per cent nitrogen and 21 per cent oxygen in the air – the other gases forming a very small fraction.
- viii. Formation of Carbon monoxide which is a poisonous gas

2.

I

- i. To be healthy one should follow a disciplined life style, balanced diet and regular exercise.
- ii. In undertaking a walking routine, one should wear shoes with proper fitting and must do warm up and cool down.
- iii. Brisk walking makes the muscles of heart strong and helps one to keep in shape.
- iv. a. evidence b. boost

II

- i. b. HDL
- ii. b. vigorous
- iii. c. Both of the above
- iv. d. All of the above

SECTION B – WRITING

3. Format – 2 marks, proper heading, date of issue, subject, name at the end.
Content – 3 marks, clearly mentioned what the purpose, relevant details.
4. Paragraph, Relevance – detailed description of the topic, clarity, connection, completeness (7)
- Or
- Letter - Format 2 marks, Content 5 marks.
5. Relevance – 2marks, creativity – 2marks, language – 2 marks, title – 1 mark, moral – 1 mark.

SECTION C – GRAMMAR

6.

	Incorrect	Correct
As organisers of adventure camps, we took	took	take
a. safety very seriously. Our team ensure all	ensure	ensures
b. equipment was regularly checked and maintained.	was	is
c. Participants is given thorough training and	is	are
d. are supervised by professionals. We focussed	focussed	focus
e. on minimising risks the still providing	the	while
f. a exciting experience.	a	an

7. Do as directed.

(4X1=4)

- i. extremely funny
- ii. effectively.
- iii. might
- iv. resentful.

8. Rearrange the following phrases to make meaningful sentences. One has been done for you.

(4x1 = 4)

all over the room / spread / She has / garbage

She has spread garbage all over the room.

- i. I have received an email from my friend.
- ii. The ball has smashed through the window
- iii. The brain is situated inside the skull
- iv. Farmers depend on rain for the growth of crops

9.

- i. take in
- ii. take up

- iii. take off
- iv. take after

SECTION D – LITERATURE

10.

- i. Poem-Try again, Poet – Eliza Cook
- ii. To emphasise persistence, determination and continuous efforts.
- iii. His web.
- iv. Never give up.

11.

- i. because he never tried to know the exact cause of horse's illness.
- ii. understanding
- iii. because his eye sight was poor.
- iv. blind

12.

- i. Because Jahanvi visits river regularly.
- ii. Then the person will try to make most of that sense.
- iii. Polynesia was a good trainer of animal language because he taught Doctor Dolittle a variety of animal languages and gestures patiently.
- iv. His caring and understanding nature.
- v. Mary's interactions show that she doesn't understand polite conversation well. She often makes inappropriate remarks.

13.

- i. At the beginning king Bruce was in despair but towards the end he became enthusiastic.
- ii. Make continuous efforts, no matter if you fail again and again. Do not give up.
- iii. His behaviour creates a light- hearted, humorous mood throughout the poem.

14.

The world would have **become** a better place, harmony between man and animal, more effective work, etc. any relevant point.

OR

Polite conversation show mannerism, they help in pleasing people, establish bonds, good relationships or any relevant point.